ANNEXURES

PROFORMA FOR PATIENT INVESTIGATIONS

OPD NUMBER: DATE:

NAME: D/O, S/O NAME:

AGE: AGE:

OCCUPATION: OCCUPATION:

INCOME: INCOME:

ADDRESS:

GENERAL PHYSICAL EXAMINATION:

BUILT & NOURISHMENT: POOR / MODERATE / GOOD

TEMPERATURE: PULSE:

HEIGHT: WEIGHT: BMI:

B.P:

BLOOD GLUCOSE LEVELS:

FASTING: RANDOM:

THE SOCIO DEMOGRAPHIC PROFILE:

- RELIGION:
- AREA OF LIVING: RURAL/URBAN
- LITERACY: ILLITERATE/PRIMARY/ SECONDARY/ GRADUATE
- ECONOMY: BELOW POVERTY LINE/ ABOVE POVERTY LINE
- LIFE STYLE: HOUSE WIFE/ WORKING WOMEN
- DIETARY HABBITS: COFFEE AND TEA DRINKING

  VEGETARIAN/NON VEGETARIAN
- ADDICTION: ALCOHOLIC OR NON-ALCOHOLIC

  SMOKING/NO SMOKING
- PHYSICAL ACTIVITY :MILD/MODERATE
- OTHERS:

HISTORY OF PRESENT ILLNES:

- GLUCOSURIA
- POLYURIA
- POLYDYPSIA
- POLYPHAGIA.

ON EXAMINATION:

- BLOOD GLUCOSE
- LIPID PROFILE- SERUM CHOLESTEROL

  -SERUM TRIGLYCERIDES.

  -VLDL

  -LDL

  -HDL

GENETIC FINDINGS: FTO GENE POLYMORPHISM BY SIMPLE PCR.

PAST HISTORY:

MEDICAL: HTN/ DM/GDM/TB/ASTHMA/EPILEPSY/

RENAL FAILURE/ DRUG ALLERGY

FAMILY HISTORY:

OBESITY/ HYPERTENSION/ DIABETES MELLITUS/ CONGENITALABNORMALITIES.

PERSONS AFFECTED IN THE FAMILY:

(MOTHER)

(FATHER)

ANTHROPOMETRIC FINDINGS:

- WAIST CIRCUMFERENCE
- HIP CIRCUMFERENCEs
- WAIST/ HIP RATIO
- MID ARM CIRCUMFERENCE
- BMI